

food drive shopping list

Current Highest Needs

* Monetary donations

Beef Stew, Chili & Hearty

Soups

(low sodium)

Boxed or Canned Meals

Canned Fish or Meats

Peanut Butter

(or other nut butters)

Cereal/Oatmeal

Protein/Breakfast Bars

Canned Fruit

Tomato Sauce

Kitchen Staples

(spices, flour, cooking oil, sugar)

Baby Supplies

(Food, Diapers, Wipes, etc.)

Volunteers of America® WESTERN WASHINGTON

Always Accepting

Canned Vegetables

(low sodium)

Pasta

(variety & whole grain)

Rice

(white & brown)

Shelf Stable Milk

Canned Beans

Coffee (ground)

Jelly & Jams

Condiments

Baking Items

Pet Food

Hygiene/Toiletries

<u>Holiday Needs</u>

Canned Pumpkin; Canned Cranberries; Boxed Stuffing; Instant Potatoes; Canned Gravy; Canned Pie Fillings & Pie Crusts